

# In Touch



St LAWRENCE CHURCH  
BOVINGDON

*Serving the Community*

**Sunday 28th July 2024**  
**Ninth Sunday after Trinity**

## Prayer List

Mark Freeth	Pam Hoskyn
Kuldip Dhadda	Tim Taylor
Philip -Karen's Dad	Gary Cartlidge
Peter Vallis	Francesca Weal
Jean & Mike Rose	Liz Nolan
Tom Morkill	Hilary Kemp
Alaina Parsons	Gill Barrett
Linda Harding	Tyler Shilling
Mary Beard	Jenny Sparks
Carol Leonard	
Andy Jackson	

### Those who mourn the loss of

Tessa Hollingsworth	Lynda Meredith
Anne Hodder	Peter Swinney

### Collect

Almighty God,  
who sent your Holy Spirit  
to be the life and light of your  
Church:  
open our hearts to the riches of your  
grace,  
that we may bring forth the fruit of  
the Spirit  
in love and joy and peace;  
through Jesus Christ your Son our  
Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen.

**This Sunday 28th July 2024**  
**Ninth Sunday after Trinity**

2 Kings 4.42–end  
Ephesians 3.14–end  
Mark 6.34-46  
8.00am Holy Communion (BCP)  
9.30am Family Praise  
10.30am Morning Prayer

**Next Sunday 4th August 2024**  
**Tenth Sunday after Trinity**

Exodus 16.2–4, 9–15  
Ephesians 4.1–16  
John 6.24–35  
  
10.00am Family Communion  
(Including Baptisms)

### This Week at St Lawrence

Tues 3.00pm	Tea Time
Thurs 10.00am	Welcome Café (NB no Morning Prayer)
Fri 6.00pm	Choir practice

### Post Communion Prayer

Holy Father,  
who gathered us here around the  
table of your Son  
to share this meal with the whole  
household of God:  
in that new world where you reveal  
the fullness of your peace,  
gather people of every race and  
language to share in the eternal  
banquet of Jesus Christ our Lord.  
Amen.

## Notices for 28th July

You can still give to the **Hurricane Beryl Emergency Appeal** via the Giving page on our website. <https://stlawrencebovingdon.com/appeal/> Hurricane Beryl has wreaked havoc on Grenada, Carriacou, Petite Martinique, and St Vincent and the Grenadines, which are part of our linked Diocese of the Windward Islands. The appeal has been set up by All Saints Church in Bedford and our bishops are urging all parishes to support this.

Would you like to help run **Family Praise**? New helpers and leaders would be welcome, especially during August when our regular team are on holiday. Have a word with Charles, Wiebke or Chris O'Hara about what is involved.

### Dates for your diary:

Tuesday 3<sup>rd</sup> September at 3.30pm: **Back to school BBQ**

Friday 27<sup>th</sup> September at 7.00pm: **Harvest Barn Dance**, Memorial Hall

Sunday 6<sup>th</sup> October: **Harvest Festival** service at 10.00am

Sunday 13<sup>th</sup> October: **Archdeacon Charles Hudson** will visit and take part in all our services

DENS are holding a fundraising walk from Berkhamsted Castle on Saturday 14<sup>th</sup> September, with 10 and 2 mile options. More details here <https://www.dens.org.uk/event/castle-walk/> Would anyone like to organise a group from St Lawrence?

Mary Beard has moved to : Elm Tree Manor, 171 Adeyfield Rd, Hemel Hempstead. Visitors welcome.

A reminder that the Bishop of St Albans' Garden is open to visitors every Sunday 2-4pm until 11<sup>th</sup> August, raising funds for historic churches in the Diocese. See the poster in the south porch for more information.

The DENS High Needs list is on display in church. In addition to our DENS collections, we are supporting local families with regular food parcels. Please donate items such as tinned ham / corned beef, tinned mackerel, tinned tomatoes, spaghetti hoops, peas, fruit & carrots, Instant mash potato, jams & spreads. Rice, custard, biscuits, sponge puddings, jars cooking sauces, nappies size 5-7, baby wipes, toothbrushes, deodorants male and female.



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