

# In Touch



St LAWRENCE CHURCH  
BOVINGDON

*Serving the Community*

**Sunday 21st July 2024**  
**Eighth Sunday after Trinity**

## Prayer List

Mark Freeth	Andy Jackson
Kuldip Dhadda	Pam Hoskyn
Philip -Karen's Dad	Tim Taylor
Peter Vallis	Gary Cartlidge
Jean & Mike Rose	Francesca Weal
Tom Morkill	Liz Nolan
Alaina Parsons	Hilary Kemp
Linda Harding	Gill Barrett
Mary Beard	Tyler Shilling
Carol Leonard	

### Collect

Almighty Lord and everlasting God,  
we beseech you to direct, sanctify  
and govern both our hearts and  
bodies in the ways of your laws and  
the works of your commandments;  
that through your most mighty  
protection, both here and ever,  
we may be preserved in body and  
soul;  
through our Lord and Saviour Jesus  
Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen.

### Those who mourn the loss of

Tessa Hollingsworth	Lynda Meredith
Anne Hodder	Peter Swinney

**This Sunday 21st July 2024**  
**Eighth Sunday after Trinity**

Jeremiah 23.1–6  
Ephesians 2.11–end  
Mark 6.30–34, 53–end

8.00am	Holy Communion (BCP)
9.30am	Family Praise
10.30am	Parish Communion

### This Week at St Lawrence

Tues 7.30pm	PCC (in church)
Thurs 9.00am	Morning Prayer
10.00am	Welcome Café
Fri 6.00pm	Choir practice

**Next Sunday 28th July 2024**  
**Ninth Sunday after Trinity**

2 Kings 4.42–end  
Ephesians 3.14–end  
John 6.1–21

8.00am	Holy Communion (BCP)
9.30am	Family Praise
10.30am	Morning Prayer

### Post Communion Prayer

Strengthen for service, Lord,  
the hands that have taken holy  
things; may the ears which have  
heard your word be deaf to clamour  
and dispute;  
may the tongues which have sung  
your praise be free from deceit;  
may the eyes which have seen the  
tokens of your love shine with the  
light of hope;  
and may the bodies which have  
been fed with your body be  
refreshed with the fullness of your life;  
glory to you for ever. Amen.

## Notices for 21st July

You can still give to the **Hurricane Beryl Emergency Appeal** via the Giving page on our website. <https://stlawrencebovingdon.com/appeal/> Hurricane Beryl has wreaked havoc on Grenada, Carriacou, Petite Martinique, and St Vincent and the Grenadines, which are part of our linked Diocese of the Windward Islands. The appeal has been set up by All Saints Church in Bedford and our bishops are urging all parishes to support this.

Would you like to help run **Family Praise**? New helpers and leaders would be welcome, especially during August when our regular team are on holiday. Have a word with Charles, Wiebke or Chris O'Hara about what is involved.

### Dates for your diary:

Tuesday 3<sup>rd</sup> September at 3.30pm: **Back to school BBQ**

Friday 27<sup>th</sup> September at 7.00pm: **Harvest Barn Dance**, Memorial Hall

Sunday 7<sup>th</sup> October: **Harvest Festival** service at 10.00am

Sunday 13<sup>th</sup> October: **Archdeacon Charles Hudson** will visit and take part in all our services

DENS are holding a fundraising walk from Berkhamsted Castle on Saturday 14<sup>th</sup> September, with 10 and 2 mile options. More details here <https://www.dens.org.uk/event/castle-walk/> Would anyone like to organise a group from St Lawrence?

A reminder that the Bishop of St Albans' Garden is open to visitors every Sunday 2-4pm until 11<sup>th</sup> August, raising funds for historic churches in the Diocese. See the poster in the south porch for more information.

The DENS High Needs list is on display in church. In addition to our DENS collections, we are supporting local families with regular food parcels. Please donate items such as tinned ham / corned beef, tinned mackerel, tinned tomatoes, spaghetti hoops, peas, fruit & carrots, Instant mash potato, jams & spreads. Rice, custard, biscuits, sponge puddings, jars cooking sauces, nappies size 5-7, baby wipes, toothbrushes, deodorants male and female.



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Administrator – Helen Campbell [admin@stlawrencebovingdon.com](mailto:admin@stlawrencebovingdon.com)