# In Touch



# Sunday 21st July 2024 Eighth Sunday after Trinity

#### Collect

Almighty Lord and everlasting God, we beseech you to direct, sanctify and govern both our hearts and bodies in the ways of your laws and the works of your commandments; that through your most mighty protection, both here and ever, we may be preserved in body and soul;

through our Lord and Saviour Jesus Christ,

who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

# This Sunday 21st July 2024 Eighth Sunday after Trinity

Jeremiah 23.1–6 Ephesians 2.11–end Mark 6.30–34, 53–end

8.00am Holy Communion (BCP)

9.30am Family Praise

10.30am Parish Communion

# Next Sunday 28th July 2024 Nineth Sunday after Trinity

2 Kings 4.42–end Ephesians 3.14–end John 6.1–21

8.00am Holy Communion (BCP)

9.30am Family Praise10.30am Morning Prayer

# **Prayer List**

Mark Freeth
Kuldip Dhadda
Philip -Karen's Dad
Peter Vallis
Jean & Mike Rose
Tom Morkill
Alaina Parsons
Linda Harding
Mary Beard
Carol Leonard

Andy Jackson
Pam Hoskyn
Tim Taylor
Gary Cartlidge
Francesca Weal
Liz Nolan
Hilary Kemp
Gill Barrett
Tyler Shilling

#### Those who mourn the loss of

Tessa Hollingsworth Lynda Meredith Anne Hodder Peter Swinney

#### This Week at St Lawrence

Tues 7.30pm PCC (in church)
Thurs 9.00am Morning Prayer
10.00am Welcome Café

Fri 6.00pm Choir practice

### **Post Communion Prayer**

Strengthen for service, Lord, the hands that have taken holy things; may the ears which have heard your word be deaf to clamour and dispute;

may the tongues which have sung your praise be free from deceit; may the eyes which have seen the tokens of your love shine with the light of hope;

and may the bodies which have been fed with your body be

refreshed with the fullness of your life; glory to you for ever. Amen.

#### **Notices for 21st July**

You can still give to the **Hurricane Beryl Emergency Appeal** via the Giving page on our website. <a href="https://stlawrencebovingdon.com/appeal/">https://stlawrencebovingdon.com/appeal/</a> Hurricane Beryl has wreaked havoc on Grenada, Carriacou, Petite Martinique, and St Vincent and the Grenadines, which are part of our linked Diocese of the Windward Islands. The appeal has been set up by All Saints Church in Bedford and our bishops are urging all parishes to support this.

Would you like to help run **Family Praise**? New helpers and leaders would be welcome, especially during August when our regular team are on holiday. Have a word with Charles, Wiebke or Chris O'Hara about what is involved.

#### Dates for your diary:

Tuesday 3<sup>rd</sup> September at 3.30pm: **Back to school BBQ**Friday 27<sup>th</sup> September at 7.00pm: **Harvest Barn Dance**, Memorial Hall Sunday 6<sup>th</sup> October: **Harvest Festival** service at 10.00am
Sunday 13<sup>th</sup> October: **Archdeacon Charles Hudson** will visit and take part in all our services

DENS are holding a fundraising walk from Berkhamsted Castle on Saturday 14<sup>th</sup> September, with 10 and 2 mile options. More details here <a href="https://www.dens.org.uk/event/castle-walk/">https://www.dens.org.uk/event/castle-walk/</a> Would anyone like to organise a group from St Lawrence?

A reminder that the Bishop of St Albans' Garden is open to visitors every Sunday 2-4pm until 11<sup>th</sup> August, raising funds for historic churches in the Diocese. See the poster in the south porch for more information.

The DENS High Needs list is on display in church. In addition to our DENS collections, we are supporting local families with regular food parcels. Please donate items such as tinned ham / corned beef, tinned mackerel, tinned tomatoes, spaghetti hoops, peas, fruit & carrots, Instant mash potato, jams & spreads. Rice, custard, biscuits, sponge puddings, jars cooking sauces, nappies size 5-7, baby wipes, toothbrushes, deodorants male and female.

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