



## **DENS Foodbank - High Needs List – March 2018**

### **Food:**

Milk (UHT or powdered)  
Fruit juice (1L long life)  
Sponge Puddings  
Peas (Tinned)  
Potatoes (Tinned or Smash)  
Vegetables (Tinned)  
Meat (Tinned)  
Custard (Tinned or Powder)  
Jams and Spreads  
Chocolate  
Cereal Bars  
Nuts  
Malt Loaf

Please note that:

- Value brands are perfectly acceptable. We do however request that all items are within their best before date and unopened.
- **At the moment we have good supplies of Baked Beans, Soup, Tea and Breakfast Cereal.**
- All these items will be used to help those in need across the DENS services, supporting the Elms, Day Centre and Foodbank.

**Thank you for your support**

### **For donations/deliveries:**

The Hub, Paradise, Hemel Hempstead HP2 4TF

Weekdays 10am-12pm

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